Consult your professional Rolfing primarily for an Interview and ask the treatment and analyzed individually.

A general form the Rolfing does not present contraindications, however, we must bear in mind the kind of manipulation and the moment in which performs this technique.

Enhance-if some diseases or States in which one should be particular attention: pregnancy, in the manic phase of bipolar disorder, psychosis, when taking pain medication or cortisone based, osteomyelitis, lupus, cancer, epilepsy, varicose veins, haemophilia, aneurysms, fractures, wounds, abscesses, inflammation, fever, infeccções, osteoporosis, phlebitis, thrombosis, blood clots, cerebral palsy, scars.

To make an appointment, click here.